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UNITED IN DIVERSITY THROUGH GRASSROOTS SPORT

ERASMUS + SPORT – SMALL COLLABORATIVE
PROJECTS



INTERNATIONAL MEETING, TRAINING COURSE
9-10 DECEMBER 2022
ATHENS – GREECE

PROJECT PARTICIPANTS

COORDINATOR

ASOCIACIÓN MULTIDEPORTIVA
EUEXIA (SPAIN)



PARTNERS

- ◆ KINITIKO ERGASTIRI (GREECE)
- ◆ ANG. ASSOCIATION OUR SEVEN (POLAND)
- ◆ ASSOCIAZIONE SOS EUROPA (ITALY)
- ◆ DARKO ATHLETICS TEAM (BULGARIA)

There will be **3 participants** for each organization: The person **responsible for the project** in the entity and two **sports monitors/technicians**.

Kinitiko Ergastiri's team will coordinate and ensure the **involvement, learning and transfer of good working practices** between the team of sports monitors of the host organization and the team of sports trainers of the partner organizations.

The 2 sports monitors/technicians of each partner organization will be responsible for **acquiring the skills and working methodologies** to be implemented and transmitted subsequently, in the realization of local events and activities during the following months of the project.

DESCRIPTION OF THE TRAINING COURSE

For two days we will have the opportunity to learn what "**inclusion**" means, using Grassroots Sport as a means of action to promote, facilitate and increase the inclusion at all levels of children and young people with physical and/or intellectual disabilities.

This second international meeting will consist of a first theoretical part of awareness of the **urgent need to include** children and young people with disabilities in the practice of grassroots sport, followed by a practical part of **interaction between people with and without disabilities**: training and inclusive matches.

We will learn **working methodologies** and **practical actions** to be carried out in the implementation of grassroots sports activities for all.

The person responsible for the project in the host organization Kinitiko Ergastiri, will be in charge of **coordinating the activities** and, together with two sports monitors, he will carry out sports-inclusive activities with children and young people with disabilities within the entity. They will carry out an **audiovisual/theoretical workshop** and the **practical sports activities**, articulated in: activation and confidence games, warm-up, training, matches, return to calmness and debate of reflections.

ADDRESS & TIME SCHEDULE



Our international meeting will take place at KINITIKO ERGASTIRI, Poseidonos 24, ILIOUPOLI, ATHENS in Greece, on the 9th and 10th of December.

TRAVEL COSTS REIMBURSEMENT

The project covers all costs related to the **travel** and **subsistence** for participating in the Transnational Meetings and activities, after exhibition of expenditures documents and boarding passes, up to the following limits:

- For travel distances between **500 and 1999 KM: 575,00 EUR** per participant
- For travel distances between **2000 and 2999 KM: 760,00 EUR** per participant

BUDGET LIMIT

For this Activity **EACH PARTNER GROUP** will organize its **own trip in autonomy and independently**. The participants will have to organize and manage by themselves the accommodation, reservation, food, and transport.

Meals will be reimbursed up to 3 per day. The hosting organization will not be responsible for your stay in Athens, all expenses will be paid in advance by the participants.

It is very important **to keep all supporting documents**, to prove that costs for subsistence are eligible to the actual amount spent and related to the project activities.

Lost, fake, or incomplete documentation will not be reimbursed. Visa payment receipt is not valid. We need fiscal tickets. The Agency could request them before making the final payment, but they should also be kept available in any case for a possible ex-post audit or control.

Moreover, these costs need to remain reasonable regarding local prices, and exclusively linked to the project, so as they are considered as eligible.

The amount provided for each country is:

- ITALY: 575€ per person
- BULGARY: 575 € per person
- SPAIN: 760 € per person
- POLAND: 575 € per person

The coordinator will reimburse the costs by **bank transfer after the delivery** of the supporting documentation.

CONTACTS

Hosting Organization: **KINITIKO ERGASTIRI**



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