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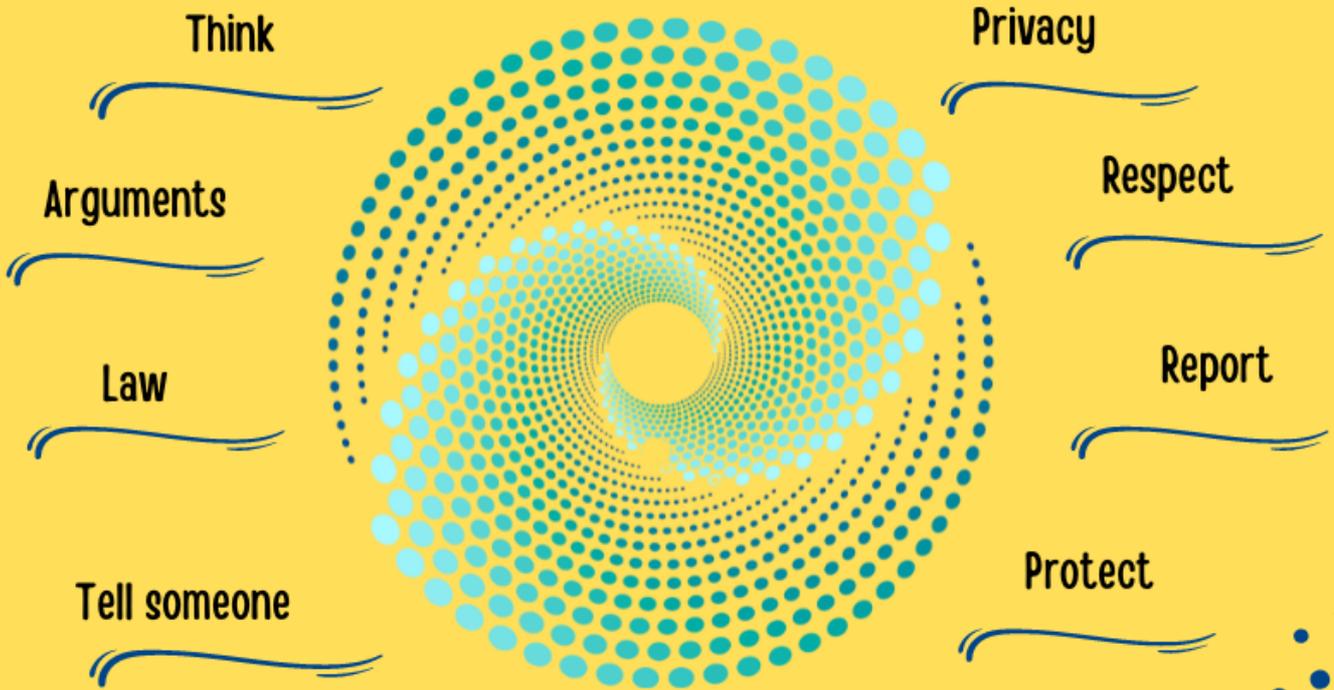
LAG Vallis Colapis



Erasmus+
Enriching lives, opening minds.

Break the circle

Training course on digital citizenship



Bratina (Croatia), March 23-30 2023

Participants guide



Please consider the environment before printing this Info pack. If possible, download the content and keep it in your phone.

BREAKING NEWS

Congratulations! You are one of the 30 participants who will take part at the training course "Break the circle (BTC)". There will be participants from Croatia, Italy, Spain, Portugal, Cyprus, Slovenia, Turkey, Romania, Latvia and France.

You are among these participants, because we believe that you will benefit from the project. As well, we believe that you will be the one that can share his/her experience with others and therefore be the source of enrichment for the other participants.

We hope that those 7 days you will spend at "BTC" will be a vivid and useful intercultural experience. To achieve this, we need to look at some practical needs as well and therefore we have prepared for you this "participants survival guide", which will help you to answer many questions and as well to prepare for the TC.

Read the guide carefully and keep it with you on your travels so you can check the information whenever you need.

**CANT
WAIT**

HOW WILL WE DO IT?

It will be a training course, but not like one where you can sit back and relax. We will use active methods, based on experimental learning in combination with practical theory. This means that you will work in mixed groups, with role plays and exchange the experiences you have from your day to day work and work on concrete future project plans.

DATES

ARRIVAL DAY: 23 March 2023

WORKING DAYS: from 24 until 29 March 2023

DEPARTURE DAY: 30 March 2023



WHAT LANGUAGE WILL WE USE

Despite many of you speak many different languages the official training language will be English only.

THE CONTENT AND ACTIVITIES

The goal of this project is to empower youth workers with a set of digital citizenship competencies to understand the problem of electronic violence in order to pass this knowledge on to young people in their communities. Youth workers will get the necessary knowledge and skills for the positive use of digital technologies, ensuring privacy and security in online communities and developing digital responsibility.

The specific goals of the project, are:

- increase awareness of the problem of electronic violence (cyberbullying) and the importance of digital citizenship competence,
- to exchange experiences and realities of countries and organizations participating in the project,
- develop the knowledge, skills and abilities of youth workers necessary to raise awareness of cyberbullying and increasing the level of digital citizenship of young people,
- understand how to encourage and support young people to be responsible digital citizens
- raise the quality of youth work in local/national and European context.



DON'T
miss it!

INTERCULTURAL EVENING

During the project, we plan to arrange an Intercultural evening. You will present your own cultures – national, regional, personal or any kind of culture you feel you belong to.

A culture may be presented by a song, a story, a poem, a dance, some drink or food, etc. You may bring pictures, music or anything you consider to be most appropriate to present your culture. However, we appreciate if you find more creative way to present your culture.

We will not have a kitchen to prepare the meals for the intercultural evening, so we suggest that you adapt your food and drinks to that reality.



MARKET OF ORGANISATIONS

One of the nice side effects of international training is the opportunity to meet new, nice and interesting people from different organizations all over Europe. So, let us know which context are you recently active in, present your organization and their work. Bring you promo materials and use your chance to meet future partners!



NUMBER OF PARTICIPANTS AND TRAVEL BUDGET

BTC will gather 30 participants + 3 trainers, from 10 different countries.

COUNTRY	ORGANISATION	NUMBER OF PARTICIPANTS	TRAVEL BUDGET/VISA BUDGET
CROATIA	LOKALNA AKCIJSKA GRUPA VALLIS COLAPIS	3+3	20€
ITALY	DISCOVER VALVIBRATA A.P.S	3	180€ (210€ if green travel)
SPAIN	ASOCIACIÓN CULTURAL L' AYALGUINA	3	275€
PORTUGAL	PSIENTÍFICA - ASSOCIAÇÃO PARA A PROMOÇÃO E DESENVOLVIMENTO SOCIAL	3	360€
CYPRUS	STEPS FOR YOUTH	3	275€
LATVIA	LATVIAN ASSOCIATION FOR YOUTH ACTIVISTS	3	275€
TURKEY	EFEM AKDENIZ GENCLIK VE SPOR KULUBU DERNEGI	3	275€/150€ per pax
SLOVENIA	ŠPORTNO DRUŠTVO GIB LJUBLJANA ŠIŠKA	3	180€ (210€ if green travel)
FRANCE	BOKRA SAWA	3	275€
ROMANIA	ASOCIATIA SCOUT SOCIETY	3	275€ (320€ if green travel)



IMPORTANT NOTICE



- **DON'T BUY ANY TICKETS BEFORE INFORMING US**
- **ONLY PUBLIC MEANS OF TRANSPORT ARE ACCEPTABLE (PLANE, BUS, TRAIN, TRAM, BIKE)**
- **YOU CAN COME TO CROATIA 2 DAYS BEFORE OR AFTER THE TC BUT, YOU HAVE TO INFORM US FIRST AND YOU HAVE TO COVER THOSE EXPENSES BY YOURSELF**
- **REIMBURSEMENT OF TRAVEL COSTS WILL BE DONE AFTER THE DISSEMINATION ON YOUR ORGANISATION'S BANK ACCOUNT**
- **KEEP ALL RECEIPTS, INVOICES, BOARDING PASSES, ETC. YOU WILL NEED TO GIVE IT TO US!**



Roger that!

VENUE AND HOW TO GET THERE

During the TC, we will stay in the beautiful country side near Zagreb, Ekopark Kraš.

Your accommodation will be in double or triple rooms in apartments. Every apartment has its own toilet and shower. Towels and bed linen are included for each person. There is free WIFI available.

Nota bene: there is no possibility to buy anything at the venue. The nearest shop is in a village away from our accommodation. There are refrigerators in your apartments available to store any personal food or drinks if you like.

If you travel to Croatia by plane, you will land to Zagreb airport. Outside the arrivals there is a shuttle bus, which will take you to the main Bus Station (Autobusni kolodvor Zagreb). You can find the timetable here. One ticket is around 6 EUR) and you can buy it from the bus driver. The drive lasts 30 minutes.

We will pick you up at the Main bus station so you need to be there until 16:30 h (4:30 pm) the latest!

Note: Organisers will not provide any accommodation for additional stay in Croatia. If participants plan to arrive a few days earlier or depart a few days later they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel.

GOOGLE FORM

In order to offer you the best care possible, once we have given the confirmation to buy the flight tickets, we will require you to fill in the google form.

OTHER INFO

- currency is euro (credit cards are widely accepted)
- weather (bring layered clothes since it can be warm but also quite cold that time of the year)
- recent entry regulations can be checked here

WHAT TO BRING?

- Your passport or ID card
- health insurance card or european health insurance card or travel insurance
- all your travel tickets/invoices, visa invoices (original invoices)
- national snacks, drinks, easy food, specialties,...
- medicines - if you need them
- layered clothes

Contact: martina.gustin@vallis-colapis.hr

SEE YOU
SOON!